

# KINGSWOOD LANCERS YOUTH FOOTBALL AND SPIRIT CONFERENCE

## *Please read before registering your child*

Welcome to the 2009 season of the Kingswood Lancers Youth Football and Spirit program. The success of the program depends on the commitment of everyone. The commitment necessary to have a successful football and spirit program is unlike any other organized sport your child has participated in. It is essential that you and your child understand this level of commitment as you consider registering your child to play football or to cheer this coming fall.

This is not a “recreational” program. Beginning late in July and ending in late October or early November, your child will practice approximately 50 times and play in a minimum of 8 games. This equates to around 116 hours of football or cheering, not including travel time and other organizational functions. Football and cheering require a lot of hard work and discipline, and your child’s coach will expect 100 percent participation. This is a substantial commitment! Each family that wishes to participate in this program must understand and accept this commitment.

Our goal is for every team to have a successful season. This success will be measured to the extent the children have fun, their team improves, and the children remain healthy and decide to continue playing football or cheering next year. Winning will be an added bonus.

**REGISTRATION** is on a first come, first serve basis. Football players are placed on teams according school year. Spirit teams are filled by oldest to youngest. If you wait until right before the season starts, you may end up on a waiting list! Please plan accordingly to avoid disappointments.

**VOLUNTEER/FUNDRAISING**: In order to make this organization run, we depend on families to provide volunteer time. There are numerous duties that need to be performed at both home and away games, and you may be asked to volunteer.

**REGISTRATION FEE** is non-refundable after May 1<sup>st</sup>. The fees are as follows:

Football Player	\$145.00
Cheerleader	\$ 75.00

Sibling discount:	\$ 50.00 each after paying full price for the first child.
Family maximum	\$300.00

**EQUIPMENT/UNIFORMS** are provided to players, and are to be returned at the end of the season. Mouthguards are provided at no cost to football players. Cleats (cannot be metal) and an athletic supporter (with a cup) are ***mandatory*** and are at the parent/guardian’s expense. Cheerleaders are provided with a pair of socks, bloomers, and a hair piece at no cost. Please note, if the items provided to your child need to be replaced during the season, it is at the parent/ guardian’s expense (see Equipment Agreement for prices).

All cheerleaders will need to purchase shoes for the current year. If they do not already have the following items that fit them, you may also need to purchase a bodyliner and either a Lancers sweatshirt or windbreaker .These will be ordered as a league at the beginning of August by the Cheer Coordinator.

The following paperwork is required for a child to be registered and your child cannot participate until all paperwork is received:

What	When Needed By	Misc. Info
Birth Certificate	At time of registration	If you have played/cheered before, we should already have a copy
Physical – Signed by Doctor	Prior to August 1	Must be signed and dated by physician after Jan. 1, 2009.
Medical Release Form	At time of registration	On registration form.
Final Report Card for 2005/2006	Prior to August 1	All 4 quarters must be legible
Equipment Agreement	Prior to receiving equipment/uniforms	
Code of Conducts	Prior to July 27, 2009	Parents and Player must sign
Parent/Player Handbook	Prior to July 27, 2009	Page in back of book must be signed and returned
Parental Consent	Prior to July 27, 2009	On the back of the folder

**PRACTICES:** Practices begin in 2009 on July 27th. During the month of July & August, practices are ten hours a week, on Monday through Thursday from 5:30 to 8:00 p.m. After Labor Day, practices are reduced to six hours a week, on Tuesday and Thursday from 5:30 to 7:30 p.m. The State Board dictates the practice hours and conditioning hours that are required. **It is important that your child be prompt and at all practices. Week long vacations during the month of August can really set a child, and your child's team, back.**

**GAMES:** Games are on Sundays. Depending on the level your child is at, game times begin at 8:00 a.m. and continue every 2 hours throughout the day. The first game of this year is August 30th. There are usually no games scheduled on Labor Day Weekend. Games can be played at any field in the state of New Hampshire (ie: Keene, Salem, Plymouth, etc). We typically have 4 home games, played at the Kingswood Regional High School field. **It is your responsibility to get your child to and from all games, but please contact us regarding carpooling with other families.**

**OTHER:** There is a jamboree for the football players in August, the location of which is to be announced in August. There is also a mandatory State-wide weigh in for football players, usually in Manchester, in August. **If your football player does not attend this weigh-in, he/she does not get to play.** It is normally the Saturday before the first game. **Again, it is your responsibility to get your child to and from all mandatory functions or make arrangements for them to be there.** The cheerleaders may participate in a state-wide competition during the last weekend in October.

If you have any questions, please see or call Oliver Weiss (603)340-1707 or Doug Kiley (603) 738-3578 or email us at [kingswoodlancers@metrocast.net](mailto:kingswoodlancers@metrocast.net)